

# July 2017

| Sun | Mon   | Tues                                   | Wed                                     | Thu                                    | Fri                                       | Sat              |
|-----|---|--|---|--|---|------------------|
|     |   |  |   |  |   | 1                |
| 2   | 3<br>GHSA DEAD<br>WEEK<br>NO WORKOUTS!  | 4<br>GHSA DEAD<br>WEEK<br>NO WORKOUTS! | 5<br>GHSA DEAD<br>WEEK<br>NO WORKOUTS!  | 6<br>GHSA DEAD<br>WEEK<br>NO WORKOUTS! | 7<br>GHSA DEAD<br>WEEK<br>NO WORKOUTS!    | 8                |
| 9   | 10<br>SUMMER<br>WORKOUTS<br>8-10:30am   | 11<br>SUMMER<br>WORKOUTS<br>8-10:30am  | 12<br>SUMMER<br>WORKOUTS<br>8-10:30am   | 13<br>SUMMER<br>WORKOUTS<br>8-10:30am  | 14  | 15               |
|     |   |  |   | Coaching Retreat                       | Coaching Retreat                          | Coaching Retreat |
| 16  | 17<br>SUMMER<br>WORKOUTS<br>8-10:30am   | 18<br>FCA<br>@<br>West GA.             | 19<br>FCA<br>@<br>West GA.              | 20<br>FCA<br>@<br>West GA.             | 21  | 22               |
| 23  | 24  | 25                                     | 26<br>CAMP COUGAR<br>Check-in<br>4:00pm | 27<br>CAMP COUGAR                      | 28<br>CAMP COUGAR<br>Family BBQ<br>7:00pm | 29               |
|     |   |  | <b>THIS IS AN OVERNIGHT CAMP!!</b>      |  |   |                  |
| 30  | <p>*July 10,11,12,13,17 are Mandatory practices for those that want to go to FCA.<br/> ** FCA will only be for Varsity players.<br/> *** Camp Cougar is for all players (Freshmen-Seniors)<br/> <b>FOR THOSE PLANNING SUMMER VACATIONS - We are off the last week of June and the 1<sup>st</sup> week of July.</b><br/> <b>Those are great times!!!! All other times, your child will be missing crucial workouts &amp; instruction that will help us win in the Fall!!</b></p> |  |   |  |   |                  |

# August 2017

| Sun | Mon  | Tues                       | Wed                        | Thu  | Fri  | Sat |
|-----|--|----------------------------|----------------------------|--|--|-----|
|     |  | 1                          | 2                          | 3  | 4  | 5   |
|     |  | Practice 6-8pm             | Practice 6-8pm             | Practice 6-8pm   | Practice 6-8pm   |     |
| 6   | 7<br>1 <sup>st</sup> Day of School<br>Picture Day<br>4:30 pm | 8<br>Practice<br>4-6:30pm  | 9<br>Practice<br>4-6:30pm  | 10<br>Practice<br>4-6:30pm   | 11<br><u>V-Villa Rica</u><br><u>Away</u><br><u>7:30 pm</u> | 12  |
| 13  | 14<br>Freshmen OFF<br>Varsity 4-5pm                          | 15<br>Practice<br>4-6:30pm | 16<br>Practice<br>4-6:30pm | 17<br>Practice<br>4-6:30pm   | 18<br>OFF  | 19  |
| 20  | 21<br>Practice<br>4-6:30pm                                   | 22<br>Practice<br>4-6:30pm | 23<br>Practice<br>4-6:30pm | 24<br>JV-Paulding<br>County - Home<br>FR-Paulding<br>County - Away | 25<br><u>V-Allatoona</u><br><u>Away</u><br><u>7:30 pm</u>  | 26  |
| 27  | 28<br>Practice<br>4-6:30pm                                   | 29<br>Practice<br>4-6:30pm | 30<br>Practice<br>4-6:30pm | 31<br>JV-North Paulding<br>- Away<br>FR-North<br>Paulding - HOME   |  |     |

Parents-Starting August 1<sup>st</sup>, all practices are Mandatory! If you player is not present, they will not play. Practice and preparation are critical to our success and absences hurt the team. IF IT IS A WEEK DAY, WE WILL HAVE PRACTICE, EVEN IF WE DON'T HAVE SCHOOL!!!

# September 2017

| Sun       | Mon   | Tues                              | Wed                               | Thu   | Fri  | Sat       |
|-----------|---|-----------------------------------|-----------------------------------|---|--|-----------|
|           |   |                                   |                                   |   | <b>1</b><br><u>V-Carver, Atl.</u><br><u>Home</u><br><u>7:30 pm</u>             | <b>2</b>  |
| <b>3</b>  | <b>4</b><br><b>No School</b><br><b>Practice</b><br><b>4-6pm</b> | <b>5</b><br>Practice<br>4-6:30pm  | <b>6</b><br>Practice<br>4-6:30pm  | <b>7</b><br>JV-Cartersville - Home<br>FR-Cartersville - Away  | <b>8</b><br><u>V-South Paulding</u><br><u>Away</u><br><u>7:30 pm</u>           | <b>9</b>  |
| <b>10</b> | <b>11</b><br><b>Freshmen OFF</b><br><b>Varsity 4-5pm</b>        | <b>12</b><br>Practice<br>4-6:30pm | <b>13</b><br>Practice<br>4-6:30pm | <b>14</b><br><b>JV &amp; FR - BYE</b><br>Practice<br>4-6:30pm | <b>15</b><br><b>Bye Week</b><br><b>Golf Tournament</b><br><b>@ Mirror Lake</b> | <b>16</b> |
| <b>17</b> | <b>18</b><br>Practice<br>4-6:30pm                               | <b>19</b><br>Practice<br>4-6:30pm | <b>20</b><br>Practice<br>4-6:30pm | <b>21</b><br>JV-Rome - Away<br>FR-Rome - Home                 | <b>22</b><br><u>V-New Man.</u><br><u>Away</u><br><u>7:30 pm</u>                | <b>23</b> |
| <b>24</b> | <b>25</b><br>Practice<br>4-6:30pm                               | <b>26</b><br>Practice<br>4-6:30pm | <b>27</b><br>Practice<br>4-6:30pm | <b>28</b><br>JV-Carrolton - Home<br>FR-Carrolton - Away       | <b>29</b><br><u>V-Northgate</u><br><u>Home</u><br><u>7:30 pm</u>               | <b>30</b> |

# October 2017

| Sun | Mon   | Tues                 | Wed                  | Thu                        | Fri   | Sat             |
|-----|---|----------------------|----------------------|----------------------------|---|-----------------|
| 1   | 2   | 3                    | 4                    | 5                          | 6   | 7               |
|     |   |                      |                      | JV-Villa Rica -<br>Away    | <u>V-Tri-Cities</u><br><u>Away</u>                  |                 |
|     |   |                      |                      | FR-Villa Rica -<br>Home    | <u>7:30 pm</u>                                      |                 |
| 8   | 9   | 10                   | 11                   | 12                         | 13  | 14              |
|     | <b>NO SCHOOL</b>                                      | <b>NO SCHOOL</b>     | Practice             | JV-East Paulding<br>- Home | <u>V-Langston</u><br><u>Hughes</u><br><u>Home</u>   |                 |
|     | Practice<br>4-6:30pm                                  | Practice<br>4-6:30pm | 4-6:30pm             | FR-East Paulding<br>- Away | <u>7:30 pm</u>                                      |                 |
|     |   |                      |                      |                            | <b>HOME COMING</b>                                  |                 |
| 15  | 16  | 17                   | 18                   | 19                         | 20  | 21              |
|     | Practice<br>4-6:30pm                                  | Practice<br>4-6:30pm | Practice<br>4-6:30pm |                            | <u>V-Creekside</u><br><u>Away</u><br><u>7:30 pm</u> |                 |
|     | <b>Freshmen Season is finished, No more Practices</b> |                      |                      |                            |   |                 |
| 22  | 23  | 24                   | 25                   | 26                         | 27  | 28              |
|     | Practice<br>4-6:30pm                                  | Practice<br>4-6:30pm | Practice<br>4-6:30pm |                            | <u>V-Mays</u><br><u>Home</u><br><u>7:30 pm</u>      |                 |
|     | <b>Freshmen Season is finished, No more Practices</b> |                      |                      |                            |   | <b>Pink Out</b> |
| 29  | 30  | 31                   |                      |                            |   |                 |
|     | Practice<br>4-6:30pm                                  | Practice<br>4-6:30pm |                      |                            |   |                 |
|     | <b>Freshmen Season is finished, No more Practices</b> |                      |                      |                            |   |                 |
|     |   |                      |                      |                            |   |                 |
|     |   |                      |                      |                            |   |                 |
|     |   |                      |                      |                            |   |                 |

# November 2017

| Sun | Mon  | Tues   | Wed  | Thu   | Fri  | Sat |
|-----|--|--|--|---|--|-----|
|     |  |  | 1<br>Practice<br>4-6:30pm                                    | 2<br>Practice<br>4-5:30pm                                 | 3<br><b>V-D.C.<br/>Home<br/>7:30 pm</b><br><b>SENIOR NIGHT</b> | 4   |
| 5   | 6<br>Practice<br>4-6:30pm                                    | 7<br>Practice<br>4-6:30pm                                    | 8<br>Practice<br>4-6:30pm                                    | 9<br>Practice<br>4-5:30pm                                 | 10<br><b>1<sup>ST</sup> Round<br/>Playoffs<br/>TBD</b>         | 11  |
| 12  | 13<br>Practice<br>4-6:30pm                                   | 14<br>Practice<br>4-6:30pm                                   | 15<br>Practice<br>4-6:30pm                                   | 16<br>Practice<br>4-5:30pm                                | 17<br><b>2<sup>nd</sup> Round<br/>Playoffs<br/>TBD</b>         | 18  |
| 19  | 20<br><b>No SCHOOL<br/>Practice<br/>10:00am-<br/>12:00pm</b> | 21<br><b>No SCHOOL<br/>Practice<br/>10:00am-<br/>12:00pm</b> | 22<br><b>No SCHOOL<br/>Practice<br/>10:00am-<br/>12:00pm</b> | 23<br>Thanksgiving Day<br><b>Practice<br/>9am-10:30am</b> | 24<br><b>3<sup>rd</sup> Round<br/>Playoffs<br/>TBD</b>         | 25  |
| 26  | 27<br>Practice<br>4-6:30pm                                   | 28<br>Practice<br>4-6:30pm                                   | 29<br>Practice<br>4-6:30pm                                   | 30<br>Practice<br>4-5:30pm                                |  |     |

# December 2017

| Sun       | Mon                              | Tues                             | Wed                              | Thu                              | Fri  | Sat       |
|-----------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|--|-----------|
|           |                                  |                                  |                                  |                                  | <b>1</b><br>4 <sup>th</sup> Round<br>Playoffs<br>TBD                   | <b>2</b>  |
| <b>3</b>  | <b>4</b><br>Practice<br>4-6:30pm | <b>5</b><br>Practice<br>4-6:30pm | <b>6</b><br>Practice<br>4-6:30pm | <b>7</b><br>Practice<br>4-5:30pm | <b>8</b><br><b>STATE FINALS</b><br>Mercedes-Benz<br>Stadium<br>8:00 pm | <b>9</b>  |
| <b>10</b> | <b>11</b>                        | <b>12</b>                        | <b>13</b>                        | <b>14</b>                        | <b>15</b>  | <b>16</b> |
| <b>17</b> | <b>18</b>                        | <b>19</b>                        | <b>20</b>                        | <b>21</b>                        | <b>22</b>  | <b>23</b> |
| <b>24</b> | <b>25</b>                        | <b>26</b>                        | <b>27</b>                        | <b>29</b>                        | <b>30</b>  | <b>31</b> |
|           |                                  |                                  |                                  |                                  |  |           |